CULTURE & HÔPITAL www.culturehopital.fr

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ART & HEALTH

There are many ways to become elderly or react to the disease. We can deal with it and resign ourselves. It's also possible to keep going despite the adversity, to move again, under the influence of various interaction: this is the process of resilience in which music, theater, dance and artistic activity are catalysts.

To move is said in Latin *movere*. *Ex-movere*, "moving outwards" gave the word "emotion". Emotions have engendered music, which engenders emotions.

The ways to accompany the patients are not only technical. Medicine treats an organ, treats an organism, rarely the person. Neither studies in medical schools, nor university education show that the human has several dimensions.

The art of accompanying sick people is to place themselves in an approach focusing on bio-psycho-social wellness. Taking care of the patient is the main goal of this approach taking into account all his needs, preservating his emotional relational and social context.

Therefore *Culture & Hopital* implements since its creation in 2003, a dynamic of artists' integration into hospitals and institutions for the elderly and disabled. This related either to the intervention of an artist inside the hospital or to workshops organised by healthcare teams. Artistic performance aims to provide an atmosphere of joy, sharing and wellness in hospital departments. Worshops chaired by health professionals integrate choreographers who work with psychomotor therapist and authors, composers and poets who work with speech therapists or psychologists. All of them are acting as solidarity partners concerned about the patient's health and its improvement.

"Integrate the dimension of sensitivity and emotion in healthcare pathway" is an indispensable way which requires that everyone have to work together – this includes doctor, artist, caregiver, cultural pratician even every citizen, whether valid or not.

THE VIDEO -

Title - « GREAT SOLIDARITY EVENING OF RESIDENTIAL ARTISTS IN HOSPITALS » 20 November 2016 - Auditorium Saint Germain MPAA - Paris 75006 - FRANCE

Directed by: Chantal Pétillot

With: ARS FIDELIS, Classical Orchestra Extract from Swan Lake, Tchaikovsky / DANIEL GALVEZ- VALLEJO, Tenor / GWEN SAMPE, Jazz / JUSTINE VERDIER, Piano / CLEMENCE OLIVIER, Soprano / LE PLATEAU DES SOURCES ROUGES, Theatre / DILETTANTES, flute quartet, Mozart / PIANO & Cie, Piano, Ravel / VociHARMONIE, Singers, Choir of Norma, Bellini / VOICE2GETHER, Urban Gospel And testimonials from patients and residents

Artists are mobilized to fight the disease and the isolation that the patients and the elderly encounter! They want to ask to any artist, musician, actor, singer, dancer, ... to join them in hospitals and healthcare facilities to accompany the sick, elderly, disabled people.